



Social Emotional Consultation



Free social-emotional support for child care providers and families with children ages 0 to 5.

This relationship-based service gives child care providers, GSRP programs, and families a trusted thought partner to help strengthen relationships, support children and families, and navigate challenges together, by phone, Zoom, or in person, we can let you know what is available in your area!



Such a wonderful resource for teaching self-regulation, understanding emotions, and learning how to interact with young children... My program would not be at the quality level it is without this support.

~ Family home provider



Helping Children Feel Safe, Connected, and Ready to Learn

Social-emotional development is how young children learn to:

- Build relationships
- Share and play with others
- Follow routines
- Manage big feelings
- Try new things
- Communicate their needs

Together, we can help young children feel safe, connected, and ready to learn.



Social Emotional Consultation



Consultants help providers, families, and care teams:

- Understand what may be behind big feelings, tough transitions, challenging behaviors, or classroom stress.
- Build practical strategies that support children at home, in child care, and in early learning settings.
- Strengthen caregiver-child relationships and help children feel safe, connected, and ready to learn.
- Support routines, transitions, behavior, and social emotional development.
- Improve communication between families, providers, and care teams.
- Create calmer, more supportive classroom and learning environments.
- Support staff wellness and help adults feel less alone when challenges arise.
- Connect children, families, or programs to additional resources when needed.
- Reduce challenging behavior.

Not sure what kind of support you need? That is okay. Reach out, share what is on your mind, and we will help you figure out next steps together.

More about consultation

There is no cost to participate.

Consultation is supportive, reflective, and practical.

It is not therapy, a diagnosis, a licensing visit, or an evaluation.

You do not need a crisis or referral to reach out.

No judgment. No licensing impact.

Choose the level of support that best fits your needs.

When to Reach Out

- **Children struggling with big emotions.**
- **Frequent biting, hitting, tantrums, or meltdowns.**
- **Difficulty with transitions, sharing, or routines.**
- **Children having a hard time making friends.**
- **Staff feeling unsure how to respond to challenging behaviors.**
- **Families and providers needing help communicating.**

How to reach out?

Follow the link below or scan the QR code to contact us!
www.michiganiecmhc.org

